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Handbook for reducing carbon footprint

CSIRO scientists say householders can reduce their home and car energy use by as much as 50 per cent by making changes to daily activities. They explain how in a new book, The CSIRO Home Energy Saving Handbook – How to Save Energy, Save Money and Reduce Your Carbon Footprint.



Credit: CSIRO

The book was written by CSIRO Energy Transformed Flagship's Dr John Wright, Dr Peter Osman and Peta Ashworth.

'Not only is it becoming more vital to reduce our greenhouse gas emissions, but the pressure on energy prices will be putting an increasing strain on households across the country,' said Dr Wright.

The handbook offers information and advice on how individuals and households can measure and reduce their footprint through everyday choices such as maximising a home's potential for easy heating and cooling, changing shopping and transport habits and looking at alternatives in building and renovating homes.

The average Australian's carbon footprint is about 20 tonnes of CO₂ per year (not including emissions from exports). About 60 per cent of this total comes from the food, goods and services we buy.

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